

David, your temperament is melancholic / choleric.



Melancholic 63%



Choleric 37%

[Retake Quiz](#)

OVERVIEW

What is a Melancholic / Choleric Like?



You are a visionary with the capacity to achieve your goals.

You are motivated by noble ideals and you have a strong will that drives you to accomplish your goals. However, you do not make decisions quickly or impulsively. Rather, you take your time discerning and beginning new projects. You are not satisfied with tasks set by others, but prefer to follow your own creative and unique path. You gain energy by time spent alone, whether it is reading, walking in nature, visiting a museum, or time spent in reflection. You have a capacity for being alone without becoming bored and probably prefer working alone. You may be an editor, writer, artist, translator, teacher, principal, or priest. You are highly motivated by noble and humanitarian ideals. When working on a project, you are organized,

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What are some Strengths and Weaknesses?



Strengths and natural virtues

analytical, artistic, careful, cautious, choosy, conscientious, deliberate, delicate, discreet, detailed, elegant, exacting, guarded, idealistic, introspective, judicious, lover of truth and beauty, meticulous noble, orderly, painstaking, particular, quietly passionate, persevering planned, pondering precise, prudent reasoned, reflective, religious, reserved, restrained, romantic, shy, serious, sensitive, studious, thorough, thoughtful

Weaknesses and natural vices

aloof, apprehensive, brooding, cool, critical, demanding, distrusting, envious, fearful, grudge-bearing, haughty, hypochondria, highbrow, jealous, judgmental, nitpicking, perfectionist, pessimistic, reluctant, scrupulous, self-

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INSIGHTS

Temperaments and Gender



Choleric

27.9% Male
23.3% Female

Phlegmatic

18.1% Male
20.9% Female

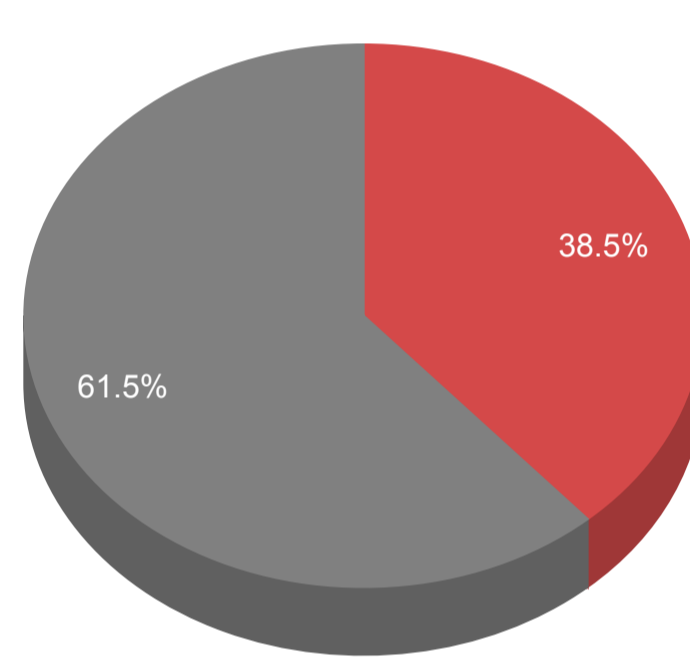
Sanguine

24.8% Male
25.6% Female

Melancholic

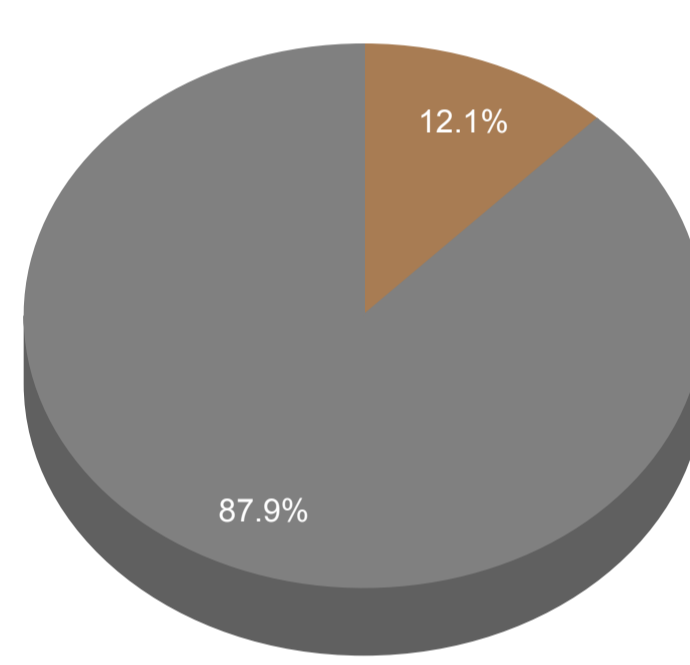
29% Male
30% Female

Percentage of Melancholics that are Choleric



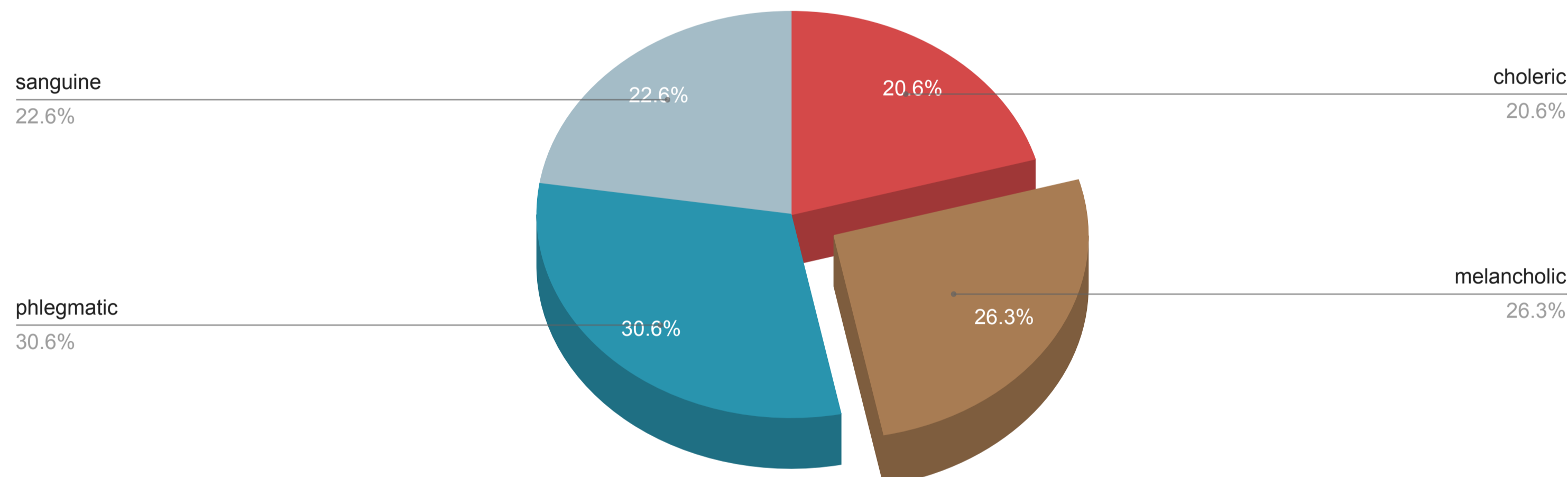
Melancholic - Choleric Other

How Common are Melancholic Choleric?

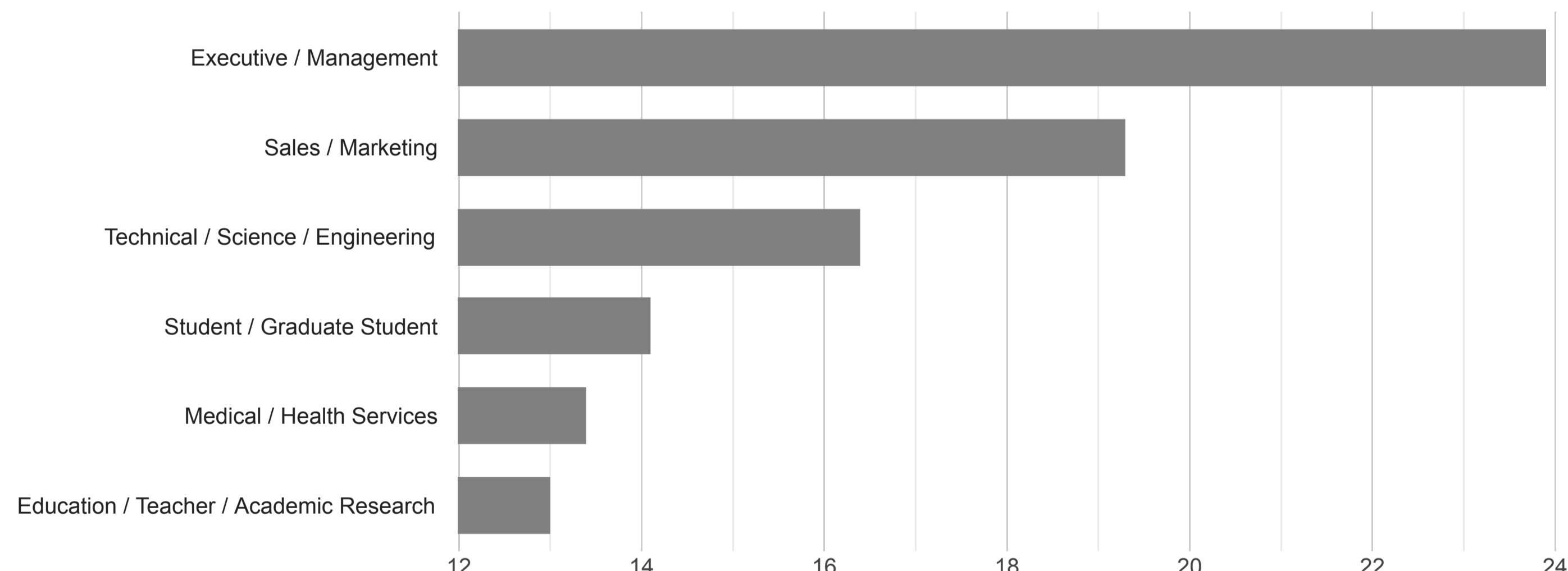


Melancholic - Choleric Other

Temperament Breakdown for your Occupation Self Employed



What are the Most Common Occupations for Melancholics?



FAMOUS MELANCHOLICS

St. John, Abraham Lincoln, Tim Duncan, Blake Griffin, Jordan Zimmerman, Rory Gilmore, Eeyore (from Winnie the Pooh), Harry Potter, Audrey Hepburn, "Pistol Pete" Maravich, Sylvia Plath, St. Padre Pio, Galadriel (from Lord of the Rings)

ADVICE



If you are a sensitive, perfectionist melancholic, recognize that your self-worth does not depend on being perfect. Don't worry about the past or future: live in the present moment. Learn what things you can let go of; especially let go of negative self-judgments. When you are overwhelmed by your own thoughts or emotions, try focusing on others instead; be charitable and thankful; keep a gratitude journal; don't set your goals and expectations impossibly high; practice flexibility and sociability. To motivate yourself, think "what is the worst that could happen?"



COMPARE YOUR TEMPERAMENT WITH FAMILY AND FRIENDS!

[Invite and Compare](#)

THE HIGH "C" (Melancholy) BLENDS

THE TRAINER | C-D (Melancholy-Choleric)

The Melancholy-Choleric combination is driven by two temperament needs. The primary temperament need is to do things right. The secondary need is to get results. Either need may dominate behavior depending on the situation.

When the Melancholy and the Choleric natural tendencies are combined, it produces a detail-oriented person who pushes to get results. They have a strong drive to tell others what they know, and what to do. This combination naturally likes to teach or train others what they know.

The Melancholy-Choleric is a systematic and precise thinker. They follow self-imposed, strict procedures in both their business and personal lives. The Melancholy-Choleric has a firm, serious expressions, and they rarely smile.

They not only want to do things right and get results, they strive to figure out what is right. The Melancholy-Choleric is, therefore, more pushy and blunt than the other Melancholy combinations. They can be abrasive and offensive when communicating with others. The Melancholy-Choleric is attentive to details and push to have things done correctly according to their standards. They have high standards for themselves and others. They can be a perfectionist about some things. They will resist change until the reasons are explained, defended, and accepted.

They are sensitive and conscientious. They can behave in a diplomatic manner, except when it comes to deviating from their standards. The Melancholy-Choleric can be too forceful in insisting the right way (or their way) be followed.

They are not socially active, preferring work and privacy to being with people. The Melancholy-Choleric may have some difficulty in relationships because they are not flexible, and they have a brief, direct, sometimes blunt manner of communication.

The Melancholy-Choleric tends to make decisions slowly because of their need to collect and analyze information (several times) until they are sure of the right and best course of action. The Melancholy-Choleric is not a frequently found combination.